



**Tailored Caregiver
Assessment and Referral**

Are you helping someone with
**bathing, dressing, errands, medication,
going to appointments, or any kind of help at all?**



You ARE a caregiver.

You are not alone! Being a family caregiver can be stressful.

We are here to help.



Assessment



Questions



**Individualized
Care Plan**



**Support, Education
and Assistance**

TCARE is an assessment tool that focuses on your needs. Through a series of questions, an individualized care plan will be created to help you manage your role and connect you to services of support, education, and assistance.

Contact the Rock Island County
Senior Center to get connected
with a caregiver specialist:



309-788-6335

