



Rooting Out Poverty

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SERVICE DIGNITY INTEGRITY COMMUNITY HOPE

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### VISION

We envision the whole community working hand in hand to meet human needs, protect human dignity, and restore hope.

To Whom it May Concern:

There are 111,730 adults in Rock Island County and 28,436 of those adults are aged 65 and older, which is the fastest growing population. Seniors are at a significantly high risk for malnutrition, 1 out of 2 older adults is at risk for malnutrition or is already malnourished. The Rock Island County Senior Center's nutrition program provides 1/3 of the daily recommended nutritional needs. We are working hard to meet the needs of seniors in the area, but the need continues to rise for our home delivered meals. Due to the rising cost in food, rising cost of overhead prices, as well as the increasing need, we are increasing our recommended donation amount for our Nutrition Program. Our overall costs per meal average around \$12.48 for home delivered meals.

Effective January 1<sup>st</sup>, 2025, we will increase the recommended donation amount:

- Home delivered meals will increase to a recommended donation of \$5.00 a meal
- Congregate meals will increase to a recommended donation of \$4.00 a meal

No one will be denied a meal if they cannot or will not donate to the program.

We thank you for your continued support and your donations. Every donation the Senior Center receives is used to help fund the programs and help supply more meals and services to the community.

With Appreciation,

Michelle Dyer  
Senior Services Director  
Rock Island County Senior Center  
Project NOW, Inc.  
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"Rooting Out Poverty... Planting Seeds of Opportunity"

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