



July 2024



**License Plate Sticker Discount/
Free Bus Pass**

Good For Up to Two Years/
Renewed Every Other Year
Must be either:
65 Years of Age or Older/
16 Years of Age or Older with a
Disability
Please Call the Senior
Center at **309-788-6335** to see if
You Qualify

Our Meal sites are open. Meals are served Monday through Friday at 11:00 am. We do have To-Go meals. If you are interested in receiving a meal give us a call the day before to order a meal.

Need your blood pressure checked? Walk-in to Senior Center on July 18th from 9am-1 and Allure Healthcare will be here to check blood pressure.

Do you need help with your utilities? LIHEAP may help. Call to schedule an appointment.

Do you need help paying your Part B Premium or help with medication cost? Call and schedule an appt. with a SHIP counselor to see if you qualify.

Are you a grandparent raising a grandchild? Does your loved one have a dementia like illness? Are you a caregiver? Caregiving services may be available to you, call to find out!

Do you provide care for a loved one with Parkinson's disease, Alzheimer's, stroke? There is a program at no cost. First Session Monday, Aug.12 from 1-2:30 at Alternatives 1803 7th St. Moline. Call for details.

If interested in these programs call 309-788-6335.

DATES TO REMEMBER!

- July- 4th-Closed
- July- 3rd-Rules of the Road-1-3pm-Senior Center
- July-3rd and 18th- Bingo-Senior Center-Noon
- July- 9&23rd-online Bingo-Noon
- July-18th-9am-1-Blood pressure check-Senior Center
- July- 31st-July Birthday's-Senior Center-Noon



NEED A RIDE?

**RIM
RURAL
PUBLIC
TRANSIT**

Serving
Rural Rock Island
&
Mercer Counties

Hours: M-F



8:00 am—4:00 pm

**To Schedule an
appointment,
call:**

**309-788-6335
1-800-526-0844
TTY 1-800-526-0844
ridetherim.org**



**Thank you for your
continued support
and your donations!
Every donation the
Senior Center
receives helps fund
the program and
helps supply more
meals and services to
Seniors!**

THE ROCK ISLAND COUNTY SENIOR CENTER POLICY STATES THAT ALL PERSONS 60 AND OVER CAN BE SERVED WITH NO REGARD TO DURATION OF RESIDENCY OR CITIZENSHIP. The Rock Island County Senior Center does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; The U.S Civil Rights Act Section 504 of rehabilitation Act; the Age Discrimination Act; The age Discrimination in employment act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966(Voice and TDD), or contact The Program Manager at WIAAA, 1-800-322-1051. Clients may not be denied service if they cannot contribute a donation. Senior Services funding provided by Western Illinois Area Agency on Aging.