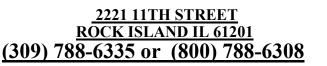


HELPING PEOPLE. CHANGING LIVES!







July 2024

<u>License Plate Sticker Discount/</u> Free Bus Pass

Good For Up to Two Years/ Renewed Every Other Year Must be either: <u>65 Years of Age or Older/</u> <u>16 Years of Age or Older with a</u> <u>Disability</u> Please **Call** the Senior Center at <u>309-788-6335</u> to see if You **Qualify**



Thank you for your continued support and your donations! Every donation the Senior Center receives helps fund the program and helps supply more meals and services to Seniors! Our Meal sites are open. Meals are served Monday through Friday at 11:00 am. We do have To-Go meals. If you are interested in receiving a meal give us a call the day before to order a meal.

Need your blood pressure checked? Walk-in to Senior Center on July 18th from 9am-1 and Allure Healthcare will be here to check blood pressure.

Do you need help with your utilities? LIHEAP may help. Call to schedule an appointment.

Do you need help paying your Part B Premium or help with medication cost? Call and schedule an appt. with a SHIP counselor to see if you qualify.

Are you a grandparent raising a grandchild? Does your loved one have a dementia like illness? Are you a caregiver? Caregiving services may be available to you, call to find out!

Do you provide care for a loved one with Parkinson's disease, Alzheimer's, stroke? There is a program at no cost. First Session Monday, Aug.12 from 1-2:30 at Alternatives 1803 7th St. Moline. Call for details.

If interested in these programs call 309-788-6335.

DATES TO REMEMBER! July- 4th-Closed July- 3rd-Rules of the Road-1-3pm-Senior Center July-3rd and 18th– Bingo-Senior Center-Noon July- 9&23rd-online Bingo-Noon July-18th-9am-1-Blood pressure check-Senior Center July- 31st-July Birthday's-Senior Center-Noon



THE ROCK ISLAND COUNTY SENIOR CENTER POLICY STATES THAT ALL PERSONS 60 AND OVER CAN BE SERVED WITH NO REGARD TO DURATION OF RESIDENCY OR CITIZENSHIP. The Rock Island County Senior Center does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; The U.S Civil Rights Act Section 504 of rehabilitation Act; the Age Discrimination Act; The age Discrimination in employment act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966(Voice and TDD), or contact The Program Manager at WIAAA, 1-800-322-1051. Clients may not be denied service if they cannot contribute a donation. Senior Services funding provided by Western Illinois Area Agency on Aging.