



**TO ORDER A MEAL AT MEAL SITE CALL 309-788-6335 24 HOURS IN ADVANCE**

**MON**

**TUE**

**WED**

**THU**

**FRI**



1. BEEF MACARONI  
CASSEROLE  
MIXED VEGETABLES  
WHEAT BREAD  
APPLESAUCE  
MILK  
GRAPE JUICE

4. 

5. ROASTED CHICKEN  
BREAST  
MASHED POTATOES  
SPINACH  
WHEAT BREAD  
COOKIES  
MILK  
ORANGE JUICE

6. CATFISH  
BABY RED POTATOES  
COLESLAW  
WHEAT BREAD  
OATMEAL RAISIN  
COOKIE  
MILK  
GRAPE JUICE

7. COUNTRY STYLE RIBS  
AU GRATIN POTATOES  
CARROTS  
DINNER ROLL  
FRUIT COCKTAIL  
MILK  
APPLE JUICE

8. SPAGHETTI &  
MEATBALLS  
TOSS SALAD/  
DRESSING  
DINNER ROLL  
SUMMER FRUIT CUP  
MILK  
GRAPE JUICE

11. SWEET & SOUR  
CHICKEN  
RICE  
BROCCOLI  
DINNER ROLL  
APPLE  
MILK  
ORANGE JUICE

12. BEEF HOTDOG ON A  
BUN  
BAKED BEANS  
BEETS  
PEACHES  
MILK  
APPLE JUICE

13. ROAST PORK LOIN  
BAKED HALF YAM  
SUCCOTASH  
WHEAT BREAD  
CHOC. CHIP COOKIE  
MILK  
GRAPE JUICE

14. MEATLOAF  
MASHED POTATOES  
CARROTS  
WHEAT BREAD  
RASPBERRY PASTRY  
MILK  
ORANGE JUICE

15. FRUITED CHICKEN  
SALAD  
WHEAT BREAD  
TOMATO/CUCUMBER  
SALAD  
FRUIT COCKTAIL  
MILK  
GRAPE JUICE

18. LOOSE MEAT BURG-  
ER ON BUN  
HASHBROWN  
WEDGE  
COLESLAW  
APRICOT HALVES  
MILK  
APPLE JUICE

19. ROAST BEEF  
GARLIC MASHED PO-  
TATOES  
GREEN BEANS  
WHEAT BREAD  
LEMON BARS  
MILK  
ORANGE JUICE

20. CHICKEN MARSALA  
RICE  
STEAMED CABBAGE  
WHEAT BREAD  
FRESH FRUIT  
MILK  
GRAPE JUICE

21. SMOTHERED PORK  
CHOP  
BAKED YAM HALF  
CALIFORNIA MEDLEY  
WHEAT BREAD  
BLOND BROWNIE  
MILK  
APPLE JUICE

22. TUNA SALAD ON A  
CROISSANT  
LETTUCE/TOMATO  
PEA SALAD  
FRESH ORANGE  
MILK  
GRAPE JUICE

25. MEATLOAF  
MASHED POTATOES  
PEAS  
WHEAT BREAD  
WATERMELON  
COOKIES  
MILK  
ORANGE JUICE

26. AMISH ROAST BEEF  
MACARONI & CHEESE  
FRENCH GREEN  
BEANS  
WHEAT BREAD  
FRUIT COCKTAIL  
MILK  
APPLE JUICE

27. CHICKEN CHOW MEIN  
RICE  
ASIAN VEGETABLES  
DINNER ROLL  
FRUIT  
MILK  
GRAPE JUICE

28. HAMBURGER ON BUN  
PARSLEY POTATOES  
CARROTS  
APRICOTS  
MILK  
APPLE JUICE

29. EGG SALAD SAND-  
WICH  
LETTUCE/TOMATO  
MARINATED TOMA-  
TO SALAD  
PEACHES  
MILK  
GRAPE JUICE

THERE COULD BE SLIGHT VARIATIONS IN THIS MENU. Suggested Donations: Congregate Meals \$3.00 & Home Delivered Meals \$4.00 Participants will not be denied service if they cannot or will not contribute to the cost of the meal. \*Please let us know by noon the day before if joining us for lunch 309-788-6335\*