



TO ORDER A MEAL AT MEAL SITE CALL 309-788-6335 24 HOURS IN ADVANCE

MON

TUE

WED

THU

FRI



1.
ROAST TURKEY
OVEN BROWNED
POTATOES
ITALIAN BLEND
VEGETABLES
SUGAR COOKIE
DINNER ROLL
MILK
GRAPE JUICE

4.
ROSEMARY PORK
LOIN
SUCCOTASH
CHOC.CHIP COOKIE
WHEAT BREAD
MILK
ORANGE JUICE

5.
BEEF STEW
PEAS
DINNER ROLL
SUGAR COOKIE
MILK
APPLE JUICE

6.
SAUCY CHICKEN
MACARONI & CHEESE
SAUTEED SPINACH
EMERALD PEARS
DINNER ROLL
MILK
GRAPE JUICE

7.
PORK CHOP
MASHED POTATOES
TOSS SALAD WITH-
DRESSING
CHOC.CHIP COOKIE
DINNER ROLL
MILK
ORANGE JUICE

8.
FILET OF COD
ALMONDINE
MIXED VEGETABLES
COTTAGE CHEESE
APRICOTS
SUGAR COOKIE
WHEAT BREAD
MILK
GRAPE JUICE

11.
MEATLOAF
OVEN BROWNED
POTATOES
SUCCOTASH
OATMEAL COOKIE
WHEAT BREAD
MILK
APPLE JUICE

12.
CHICKEN SALAD ON A
CROISSANT
TOSS SALAD WITH
DRESSING
APRICOTS
MILK
ORANGE JUICE

13.
BBQ CHICKEN
BAKED YAMS
CORN
SUGAR COOKIE
WHEAT BREAD
MILK
GRAPE JUICE

14.
HAMBURGER ON BUN
KETCHUP/MUSTARD
PEAS
POTATO SALAD
APPLESAUCE
MILK
ORANGE JUICE

15.
BAKED TILAPIA
ASPARAGUS TIPS
SHELL PASTA SALAD
PEARS
DINNER ROLL
MILK
GRAPE JUICE

18.
PORK LOIN
SWEET POTATOES
SUCCOTASH
CHOC.CHIP COOKIE
MILK
ORANGE JUICE

19.
BEEF MACARONI
CASSEROLE
PEAS
TROPICAL FRUIT
MILK
APPLE JUICE

20.
BBQ PORK RIB
CARROTS
FRESH PINEAPPLE
SUGAR COOKIE
WHEAT BREAD
MILK
GRAPE JUICE

21.
SLICED ROAST BEEF
CALIFORNIA BLEND
VEGETABLES
SLICED PEACHES
CHOC.CHIP COOKIE
WHEAT BREAD
MILK
ORANGE JUICE

22.
LEMON PEPPER COD
CORN
GLAZED CARROTS
PEANUT BUTTER
COOKIE
DINNER ROLL
MILK
GRAPE JUICE

25.
SLICED ROAST BEEF
MASHED POTATOES
PEAS
SUGAR COOKIE
WHEAT BREAD
MILK
ORANGE JUICE

26.
BREADED CATFISH
POTATO SALAD
BROCCOLI FLORETS
WHEAT BREAD
RANGER COOKIE
MILK
APPLE JUICE

27.
PORK CHOP
BAKED YAM
APPLESAUCE
CHOC.CHIP COOKIE
WHEAT BREAD
MILK
GRAPE JUICE

28.
HAMBURGER ON BUN
KETCHUP/MUSTARD
OVEN BROWNED
POTATOES
GREEN BEANS
PEACHES OR PEARS
MILK
ORANGE JUICE

29.
CHICKEN A LA KING
OVER BISCUIT
GLAZED CARROTS
PEAS
PEANUT BUTTER
COOKIE
MILK
GRAPE JUICE

THERE COULD BE SLIGHT VARIATIONS IN THIS MENU. Suggested Donations: Congregate Meals \$3.00 & Home Delivered Meals \$4.00 Participants will not be denied service if they cannot or will not contribute to the cost of the meal. *Please let us know by noon the day before if joining us for lunch 309-788-6335*