



2221 - 11TH STREET
ROCK ISLAND IL 61201 (309)
788-6335 or (800) 788-6308



**RIM RURAL
PUBLIC TRAN-
SIT**

Serving
Rural Rock Island &
Mercer Counties
Hours: M-F
8:00 am—4:00 pm



To Schedule an
appointment, Call

309-788-6335
1-800-526-0844
TTY 1-800-526-0844
ridetherim.org

Happy
Holidays



**It's a Wonderful Life Holiday
Parties at the Senior Center**

Good Food, Good Fellowship, and Fun!

Friday, December 1st 11:00 am-2:00 pm
Thursday, December 7th 11:00 am-2:00 pm
Thursday, December 14th 11:00 am-2:00 pm
Thursday, December 21st 11:00 am-2:00 pm

Call Michelle for more information 309-788-6335

**2018 RULES OF THE ROAD
REVIEW COURSE SCHEDULE
FOR THE ROCK ISLAND COUNTY SENIOR CENTER**

- ◇ WEDNESDAY, JANUARY 3RD 2018 1:00-3:00 PM
- ◇ WEDNESDAY, MARCH 7TH 2018 1:00-3:00 PM
- ◇ WEDNESDAY, MAY 2ND 2018 1:00-3:00 PM
- ◇ MONDAY, JULY 1ST 2018 1:00-3:00 PM
- ◇ WEDNESDAY, SEPTEMBER 5TH 2018 1:00-3:00 PM
- ◇ WEDNESDAY, NOVEMBER 7TH 2018 1:00-3:00 PM



Do you need help with your UTILITIES? LIHEAP Program may help.









Call **788-6335** to schedule an appointment today!

Income Guidelines = households with income up to 150% of Poverty Level

**Medicare Open Enrollment runs through
December 7th, 2017. Please call 309-788-6335 to schedule
your appointment today!**

THE ROCK ISLAND COUNTY SENIOR CENTER POLICY STATES THAT ALL PERSONS 60 AND OVER CAN BE SERVED WITH NO REGARD TO DURATION OF RESIDENCY OR CITIZENSHIP. The Rock Island County Senior Center does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; The U.S Civil Rights Act Section 504 of rehabilitation Act; the Age Discrimination Act; The age Discrimination in employment act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966(Voice and TDD), or contact The Program Manager at WIAAA, 1-800-322-1051. Clients may not be denied service if they cannot contribute a donation. Senior Services funding provided by Western Illinois Area Agency on Aging.

December, 2017 MENU

MON	TUE	WED	THU	FRI
				1. FILET OF COD AMANDINE MIXED VEGETABLES COTTAGE CHEESE APRICOTS SUGAR COOKIES WHOLE WHEAT BREAD APPLE JUICE & MILK
4. CHICKEN SALAD ON CROISSANT TOSS SALAD & DRESSING APRICOTS ORANGE JUICE & MILK	5. HAMBURGER ON BUN KETCHUP/MUSTARD PEAS POTATO SALAD APPLESAUCE ORANGE JUICE & MILK 	6. BBQ CHICKEN BAKED YAMS CORN SUGAR COOKIE WHOLE WHEAT BREAD GRAPE JUICE & MILK	7. MEATLOAF OVEN BROWNED POTATOES SUCCOTASH OATMEAL COOKIE WHOLE WHEAT BREAD APPLE JUICE & MILK	8. BAKED TILAPIA ASPARAGUS TIPS SHELL PASTA SALAD PEARS DINNER ROLL APPLE JUICE & MILK
11. PORK LOIN SWEET POTATOES SUCCOTASH CHOCOLATE CHIP COOKIE ORANGE JUICE & MILK	12. BEEF MACARONI CASSEROLE PEAS TROPICAL FRUIT APPLE JUICE & MILK 	13. BBQ PORK RIB CARROTS PINEAPPLE SUGAR COOKIE WHOLE WHEAT BREAD GRAPE JUICE & MILK	14. SLICED ROAST BEEF CALIFORNIA BLEND VEGETABLE SLICED PEACHES CHOCOLATE CHIP COOKIE WHOLE WHEAT BREAD ORANGE JUICE & MILK	15. LEMON PEPPER COD CORN GLAZED CARROTS PEANUT BUTTER COOKIE DINNER ROLL APPLE JUICE & MILK
18. HAMBURGER ON BUN KETCHUP/MUSTARD OVEN BROWNED POTATOES FRENCH STYLE GREEN BEANS PEACHES ORANGE JUICE & MILK	19. BREADED CATFISH FILET POTATO SALAD BROCCOLI FLORETS RANGER COOKIE WHOLE WHEAT BREAD APPLE JUICE & MILK	20. PORK CHOP BAKED YAM APPLESAUCE CHOCOLATE CHIP COOKIE WHOLE WHEAT BREAD GRAPE JUICE & MILK 	21. SLICED ROAST BEEF MASHED POTATOES PEAS SUGAR COOKIE WHOLE WHEAT BREAD ORANGE JUICE & MILK	22. CHICKEN A LA KING OVER BISCUIT GLAZED CARROTS PEAS PEANUT BUTTER COOKIE APPLE JUICE & MILK
25. AGENCY CLOSED MEALS WILL NOT BE SERVED/DELIVERED 	26. AGENCY CLOSED MEALS WILL NOT BE SERVED/DELIVERED 	27. ROAST TURKEY STUFFING PEAS CRANBERRY SAUCE DINNER ROLL GRAPE JUICE & MILK	28. SMOTHERED CHICKEN SWEET POTATOES ITALIAN VEGETABLES CHOCOLATE CHIP COOKIE WHOLE WHEAT BREAD ORANGE JUICE & MILK	29. SWISS STEAK RICE CARROTS FRUIT COCKTAIL WHOLE WHEAT BREAD APPLE JUICE & MILK 
				

THERE COULD BE SLIGHT VARIATIONS IN THIS MENU.

Suggested Donations: Congregate Meals \$3.00 & Home Delivered Meals \$4.00

Participants will not be denied service if they cannot or will not contribute to the cost of the meal.