

APRIL 2024



April Fools!



Hello April Everyone:

Our Meal sites are open, if you are interested in joining us for a meal give us a call the day before to order. Meals are served Monday through Friday at 11:00am.

Do you need help with your utilities? LIHEAP may help. Call to schedule an appointment.

Do you need help paying your Part B Premium or help with medication cost? Call and schedule an appt. with a SHIP counselor to see if you qualify.

Are you a grandparent raising a grandchild? Does your loved one have a dementia like illness? Are you a caregiver? Caregiving services may be available to you, call to find out!

Stress Busting class starts 4/29/24, this program is for family caregivers of loved ones with Alzheimer's disease or Dementia.

If you are interested in any of these programs please call 309-788-6335 to register.

DATES TO REMEMBER!

March 25th-April 17th -A Matter of Balance Class (at WIAAA-729 34th Ave. from 10am-12pm)

April 18th- Office closed-Rooting out Poverty Conference (anyone may attend, must register)

April 19th-Bingo-Senior Center-Noon

April 9th and 25th -Bingo-Online only-Noon

April 24th - Office closed for services, training day

April 26th-Celebrate April Birthday's

Happy April Everyone!!!



NEED A RIDE?

**RIM
RURAL
PUBLIC
TRANSIT**

Serving
Rural Rock Island
&
Mercer Counties

Hours: M-F



8:00 am—4:00 pm

To Schedule an appointment, call:

**309-788-6335
1-800-526-0844
TTY 1-800-526-0844
ridetherim.org**

Thank you for your continued support and your donations! Every donation the Senior Center receives helps fund the program and helps supply more meals and services to Seniors!

THE ROCK ISLAND COUNTY SENIOR CENTER CAREGIVER ASSISTANCE IS POLICY STATES THAT ALL PERSONS 60 AND OVER CAN BE SERVED WITH NO REGARD TO DURATION OF RESIDENCY OR CITIZENSHIP. The Rock Island County Senior Center does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; The U.S Civil Rights Act Section 504 of rehabilitation Act; the Age Discrimination Act; The age Discrimination in employment act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966(Voice and TDD), or contact The Program Manager at WIAAA, 1-800-322-1051. Clients may not be denied service if they